CLUB TENNIS REUS
MONTEROLS

CLASSES DIRIGIDES VIRTUALS *INDOOR*

A PARTIR DEL 19 D'ABRIL DE 2021

INICI	SALA	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES	DISSABTE	DIUMENGE
07:30	S-2	VIRTUAL COMBAT 45'	VIRTUAL PUMP 45'	VIRTUAL BALANCE 45'	VIRTUAL COMBAT 45'	VIRTUAL PUMP 45'	VIRTUAL BALANCE 45'	VIRTUAL PUMP 45'
08:00	S-1	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
08:30	S-1	VIRTUAL BALANCE 45'	VIRTUAL COMBAT 45'	VIRTUAL BALANCE 45'	VIRTUAL PUMP 45'	VIRTUAL BALANCE 45'	VIRTUAL PUMP 45'	VIRTUAL BALANCE 45'
09:00	S-1	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
09:30	S-2	VIRTUAL COMBAT 45'	VIRTUAL BALANCE 55'	VIRTUAL COMBAT 45'	VIRTUAL BALANCE 45'	VIRTUAL COMBAT 45'	VIRTUAL BALANCE 45'	VIRTUAL COMBAT 45'
10:00	S-1	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
10:30	S-2	VIRTUAL BALANCE 45'	VIRTUAL PUMP 45'	VIRTUAL BALANCE 45'	VIRTUAL COMBAT 45'	VIRTUAL PUMP 45'	VIRTUAL BALANCE 45'	VIRTUAL PUMP 45'
11:30	S-3	VIRTUAL PUMP 45'	VIRTUAL COMBAT 45'	VIRTUAL BALANCE 45'	VIRTUAL PUMP 45'	VIRTUAL BALANCE 45'	VIRTUAL PUMP 45'	VIRTUAL BALANCE 45'
11:30	S-1	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
12:30	S-2	VIRTUAL COMBAT 45'	VIRTUAL BALANCE 45'	VIRTUAL COMBAT 45'	VIRTUAL BALANCE 45'	VIRTUAL PUMP 45'	VIRTUAL COMBAT 45'	VIRTUAL PUMP 45'
12:30	S-1	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
13:30	S-2	VIRTUAL PUMP 45'	VIRTUAL COMBAT 45'	VIRTUAL PUMP 45'	VIRTUAL COMBAT 45'	VIRTUAL BALANCE 55'	VIRTUAL PUMP 45'	VIRTUAL COMBAT 45'
13:40	S-1	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
14:30	S-2	VIRTUAL COMBAT 45'	VIRTUAL PUMP 45'	VIRTUAL BALANCE 45'	VIRTUAL PUMP 45'	VIRTUAL BALANCE 45'	VIRTUAL COMBAT 45'	VIRTUAL PUMP 45'
15:00	S-1	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
15:30	S-2	VIRTUAL BALANCE 45'	VIRTUAL COMBAT 45'	VIRTUAL PUMP 45'	VIRTUAL BALANCE 45'	VIRTUAL PUMP 45'	VIRTUAL COMBAT 45'	VIRTUAL BALANCE 45'
16:00	S-1	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
16:30	S-2	VIRTUAL COMBAT 45'	VIRTUAL BALANCE 45'	VIRTUAL COMBAT 45'	VIRTUAL PUMP 45'	VIRTUAL COMBAT 45'	VIRTUAL BALANCE 45'	VIRTUAL COMBAT 45'
17:00	S-1	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
17:30	S-2		VIRTUAL PUMP 45'		VIRTUAL COMBAT 45'		VIRTUAL COMBAT 45'	VIRTUAL BALANCE 45'
18:00	S-1	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
18:30	S-2		VIRTUAL BALANCE 45'		VIRTUAL PUMP 45'	VIRTUAL COMBAT 45'	VIRTUAL BALANCE 45'	VIRTUAL COMBAT 45'
19:00	S-1	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
19:05	S-2	VIRTUAL PUMP 45'		VIRTUAL PUMP 45'				
19:30	S-2		VIRTUAL COMBAT 45'		VIRTUAL COMBAT 45'	VIRTUAL BALANCE 45'	VIRTUAL PUMP 45'	VIRTUAL BALANCE 45'
20:00	S-1	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL